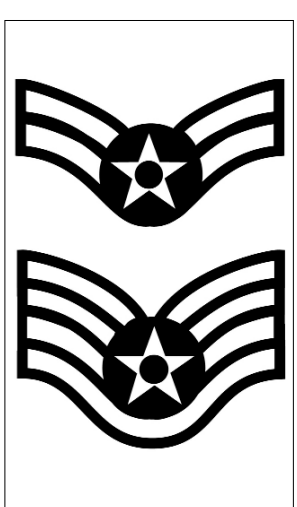


Wolf Pack WARRIOR

Vol. 18, No. 15 8th Fighter Wing, Kunsan Air Base, Republic of Korea May 2, 2003



May Promotions

Find out what Wolf Pack members are pinning on during the month of May.

See page 5

NEWS BRIEFS

Promotion study guides arrive
2003 promotion fitness exam and supervisory examination study guides are being distributed to Air Force locations worldwide in May. Members should go to their unit Weighted Airman Promotion System managers to receive Air Force Pamphlet 36-2241, Volumes 1 and 2, Promotion Fitness Examination and U.S. Air Force Supervisory Examination study guides. The guides become effective July 1.

Recruiting team to visit Kunsan
The recruiter screening team from Randolph Air Force Base, Texas, will visit Kunsan May 23. Senior airmen through master sergeants with less than 16 years time in service are eligible for recruiting positions. The one-hour briefing will be at 10:30 a.m. in building 1305. For more information, call Master Sgt. John Pupo at 782-9404.



Courtesy Photo

Randal Neil Price 1955-2003

Randal Price, age 47, passed away April 25 in San Antonio, Texas, after a courageous battle with cancer. Price worked as the 8th Services Squadron marketing director until 2002. Prior to his assignment at Kunsan, Price did freelance desktop publishing work, and joined the services squadron at Dyess Air Force Base, Texas, in 1999. Price is survived by his wife, Joan Price, three children, Brandon, Chase and Sarah of Abilene, Texas. Also surviving are his sisters Cathy Price Sigler and Janie Price Paschal, his father Neil Price, and grandmother Katie Price, all of San Antonio.

CV-22 reaches new heights
The CV-22 Osprey test program recently reached a high point in its flight test history when Osprey 7 successfully completed a terrain-following radar exercise during the multi-mode radar test plan segment at Edwards Air Force Base, Calif April 25. For Osprey 7, the terrain-following exercise test was a first in its flight test history.

Military appreciation
Organizers for National Military Appreciation Month are asking Americans to show their appreciation for the military by displaying the American flag and the POW/MIA flag May 1 through Flag Day June 14. This is to show appreciation for those who have served and are serving.



Photo by Royal Air Force Sgt. Gareth Davies

GOODBYE PSAB: Maj. Chris Holinger tracks an ongoing Operation Southern Watch mission inside the combined air operations center at a forward-deployed base. The CAOC at Prince Sultan Air Base, Saudi Arabia, and all U.S. aircraft will be gone by August.

CAOC leaving Saudi base

All U.S. aircraft to leave Prince Sultan Air Base by August of this year

By Jim Garamone
American Forces Press Service

PRINCE SULTAN AIR BASE, Saudi Arabia — Department of Defense officials said the combined air operations center here will be mothballed and all U.S. aircraft operating at the base will be gone by August.

The decision was made by “mutual agreement,” said Defense Secretary Donald H. Rumsfeld following a meeting with Saudi defense minister bin Sultan in Riyadh Tuesday. The secretary and minister discussed the changes taking place in the region.

“It is now a safer region with the change of regime in Iraq,” Rumsfeld said. But this does not mean an end to the Saudi-U.S. relationship, he added. The military training and exercise program will move to the fore, and in the months and years ahead, the air base could still be used temporarily for exercises.

The mission of the center has already



Middle East

passed to Al Udeid Air Base in neighboring Qatar.

“All air-tasking orders began coming from Al Udeid [Monday],” said Navy Rear Adm. Dave Nichols, coalition air component deputy commander. The center, air command and control center, and all services and nationalities participating in the coalition are commanded through the CAOC.

The Prince Sultan center handled air sorties and targets for Operation Iraqi Freedom; the Al Udeid center handled mission planning for Operation Enduring Freedom and for the Combined Joint Task Force-Horn of Africa.

The shift increases the Al Udeid workload, but not intolerably, officials said. On its first day handling the Operation Iraqi Freedom requirement, the Al Udeid CAOC generated about 700 air missions, they said. About 100 were standby close-air-support missions, and about 400 were airlift missions. The rest were tanker and intelligence, surveillance and reconnaissance missions.

The U.S. aircraft were at the Saudi base to enforce the U.N.-mandated Operation Southern Watch. That operation began 12 years ago at the end of the Persian Gulf War. In the beginning, U.S., British and French aircraft enforced the no-fly zone south of the 33rd parallel. France dropped out of that coalition years ago, but the U.S. and the United Kingdom pilots kept on. The necessity for that operation ended March 19 with the start of Operation Iraqi Freedom.

At the height of Iraq war, Prince Sultan based about 200 coalition aircraft. Officials said everything from fighters to airborne warning and control system aircraft flew from there.

There are currently 100 aircraft based at Prince Sultan, and officials expect the last American plane to leave the base in August. It is unclear whether a small cadre of Americans will remain to keep the base ready in case of emergency.

A warrior's heart:

Today's armed forces display lethal capability, generous spirit

By Col. A.J. Stewart
71st Flying Training Wing commander

VANCE AIR FORCE BASE, Okla. — The letter read: We arrived at the Vance gate about 1 p.m. The guard at the gate walked up to the car as I stopped. Dad was sitting on the far side of the backseat. I told the airman my father was retired military and passed him dad's military ID. The airman took the ID read it and raised a salute. Looking at my dad directly and intently he said, "United States Marine Corps (hoo-rah) sir!" and the moment was over. No one in the car, not even my dad, had noticed anything except we had been saluted onto the base.

Here's what I saw: My frail and failing father in the backseat. A young, strong and proudly patriotic airman at the base gate. The ID passed to this young airman. He snapped to attention with a crisp salute and in one moment he gave recognition to the meaning behind that ID and the years of service it represented: "United States Marine Corps!" and then slightly under his breath, respectfully but conspiratorially — a brother in arms, he gave the low guttural, "Hoo-rah," then the louder, "Sir!" This airman did not see

Senior Airman Michael Reed, 71st Security Forces Squadron, changed a father and daughter's lives with a simple act of kindness, respect and heart.

— Col. A. J. Stewart
71st Flying Training Wing commander

a frail old man, he saw an old warrior and paid due respect. I was moved.

Senior Airman Michael Reed, 71st Security Forces Squadron, changed a father and daughter's lives with a simple act of kindness, respect and heart. From a young warrior to an old one, a sharp salute and "hoo-rah" to an 84-year-old retired Marine stirred the pride within the retired warrior, and in his daughter. She was so moved that she wrote to the folks at the Pentagon the letter that eventually made its way to my desk.

I asked Airman Reed why he paid such attention to one elderly gentleman. He replied his dad also had been a Marine, and that seeing the man's military ID card stirred something in him, too. He remembered his dad's war stories he had heard as a child, so he rendered the sharpest salute and honored the man with the Marine Corps yell. A simple act, but one of the best stories I've heard. Thanks

Airman Reed. You have the heart of a warrior.

This simple act also reminds me of our warriors engaged in combat all over the globe.

Here's the really special part — while our troops are devastatingly lethal, with the same heart, we watched as they were just as likely to share their water with thirsty people, or pass out portions of their own rations to a starving man, hug a frightened child. No subjugation, no occupation, no brutality, only joy at seeing an oppressed peoples' reaction to their first taste of freedom.

The world is witnessing first hand, live on television, the hearts of American warriors — and the spirit and pride only displayed by magnificent young men and women who are volunteers in the fight for the cause of freedom. It's all about heart. I'm proud just to be associated with them.

Action Line


782-5284



Col. Guy Dahlbeck
Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number where you can be reached and a brief description of your problem or concern. You can also send an e-mail to action.line@kunsan.af.mil.

AAFES Customer Service.....	782-4426
Area Defense Council.....	782-4848
Base Exchange.....	782-4520
Chapel.....	782-4300
CES Customer Service.....	782-5318
Commissary manager.....	782-4144
Education Office.....	782-5148
Dining Hall.....	782-5160
Fitness Center.....	782-4026
Golf Course.....	782-5435
Housing Office.....	782-4088
Inspector General.....	782-4850
IDEA Office.....	782-4020
Law Enforcement Desk.....	782-4944
Legal Assistance.....	782-4283
Military Equal Opportunity.....	782-4055
Military Pay.....	782-5574
Military Personnel Flight.....	782-5276
Medical Patient Advocate.....	782-4014
Network Control Center.....	782-2666
OSI.....	782-4522
Public Affairs.....	782-4705
Telephone Repair.....	119


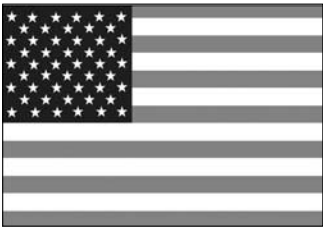


ASK MS. SONG

Q: When is Buddha's birthday and what are some things I might see during this time?

A: Buddha's birthday is celebrated May 8. The day is an official holiday in Korea, a nation who's population is one-third Buddhist, but is celebrated by all Koreans as one of the last spring holidays. Temples and streets are lined with paper lanterns of various shapes. At the temples, local devotees inscribe their name or that of a relative on a lantern and light them for good fortune in the coming year.

Send your questions about Korean customs, culture and language to Rosemary Song at wolfpackwarrior@kunsan.af.mil.

MONTH OF THE MILITARY CHILD

Editor's Note: The following briefs were inadvertently left out of last week's Wolf Pack Warrior but we wanted to ensure everyone who participated had their messages printed. Thanks for your support and don't forget to mention to family members that the messages can be read on the online version of the newspaper at www.kunsan.af.mil/wpw/.

Hi Matthew & Vanessa,

I am so proud of both of you for being so patient while I am away from home. I miss you very much. Thank you for your letters and pictures. Being Air Force kids is special because we belong to a wonderful family of people who help keep other people safe — like in S. Korea, or even fight for them so they can become free — like in Iraq. When I get back, we'll also be together for when Luke is born — cool! Until I see you

again, remember that (1) I love you forever, (2) I think you're special and (3) I only want to do good things for you. I can't wait to see, hug, and kiss you again!

Love Papi

— Lt. Col. Jose Mata
8th Civil Engineer Squadron

To Marc and Adrian,

I'm so proud of the way you're taking care of each other. Thank you for understanding why I'm here. I'll be home soon.

Love Mom

— Master Sgt. Carolyn Bullock
8th Comptroller Flight

To Kyle and Dustin,

What's crackin'? You're both growing up to be fine young men. You make me proud.

Love Dad

— Master Sgt. Fortunato Nepomuceno
8th Maintenance Squadron

Base parking

Q: I have been at Kunsan AB for 10 months, and I have the privilege of being able to drive a vehicle here. It has been a source of frustration to drive to different service-oriented organizations and find that the closest parking spots are filled with folks that work in the facility. I understand that space at Kunsan AB is at a premium, but there may be slightly more appropriate places for the workers than right out where customers should have efficient and unobstructed access to facilitate our business.

A: This is the first time I've heard that parking was a problem and we'll certainly take a look. I'll ask our commanders to take a look at who parks where and try to find a solution to that meets everybody's needs. Thanks for bringing the issue to my attention.





WOLF PACK WARRIOR
Vol. 18, No. 15

Defend the base
Accept follow-on forces
Take the fight North

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Content

The editorial content is edited, prepared, and provided by the 8th Fighter Wing Public Affairs office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

Submissions

Deadline for submissions to the **WOLF PACK WARRIOR** is 4 p.m. Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the

right to edit all submissions to conform to Air Force journalism standards, local style, and available publication space. Submissions should be e-mailed to wolfpackwarrior@kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also accepted.

Contact Us

People with questions, comments, suggestions or submissions can contact the public affairs office at:
8th FW/PA
PSC 2 Box 2090
APO AP 96264-2090

We can also be reached by phone at 782-4705, by e-mail at wolfpackwarrior@kunsan.af.mil, or by fax at 782-7568.

MONTHLY SORTIE GOALS

Unit	Goal	Flown
35th FS	348	327
80th FS	338	339
8th FW	686	666



DRESS AND APPEARANCE

Male Body Piercing

Males cannot wear earrings or any other visible body piercings (this includes those visible through the uniform or civilian clothing) while on base, in or out of uniform, on or off duty. This prohibition includes piercing the tongue.

U.S. foundation donates appliances to Kunsan orphanage

By Capt. Alisen Iversen
8th Fighter Wing Public Affairs

The 7th Air Force commander recently presented a Kunsan City orphanage with two refrigerators and a room air conditioner purchased by a U.S. foundation.

On behalf of the Air Warrior Courage Foundation, Lt. Gen. Lance Smith, along with 8th Fighter Wing commander, Col. Guy Dahlbeck, formally presented the appliances to the Moses Children's Facility April 22.

"I'm happy to be here today to present these refrigerators to you on behalf of the Air Warrior Courage Foundation," Smith said to Jeon, Kyong Suk, Moses Children's Facility Director. "I can see your dedication and love for these children and I'm sure they will grow up to be good citizens of Korea," he said. "We know you will use these refrigerators for many years," he added.

Formed in 1998, AWCF is a non-profit organization made up of former U.S. military aviators. Its goals are to provide scholarships to individuals studying aviation and space; to encourage patriotic U.S. youth programs and to promote the social welfare of the community. They have recently begun supporting needy organizations outside the United States.

AWCF contacted Smith to see if there were any organizations in South Korea in need of supplies or financial assistance. A committee was formed to help identify the local organizations and then AWCF picked which ones they wanted to support. Due to limited military space available for airlift, the foundation was unable to ship the supplies, but still wanted to support the request from the Kunsan orphanage for new refrigerators.

The Moses Children's facility was founded in 1957 as a private facility. It is now mostly funded by the Korean Government and is currently home to 40 children ranging in age from newborn to four.

Jeon said she greatly appreciates the donation and the time Wolf Pack members spend improving their facility and playing with the children.

"People from the base have been coming here for 20 years and they have always been a great help," Jeon said. "I can tell that they are doing it from the bottom of their hearts," she added.

During the visit Smith, Dahlbeck, and other guests, were treated to two short impromptu dance performances and afterwards the children ran to the guests for hugs and attention.

"Their dance performance was amazing for how young they are," said Capt. Julianna Piepkorn, 8th Fighter Wing executive officer. "The children are just adorable."



Photo by Staff Sgt. Chuck Walker

SPECIAL DELIVERY: Lt. Gen. Lance Smith, 7th Air Force commander, plays with children during his visit to the Baby Moses Children's Facility in Kunsan, where he presented two refrigerators and a room air-conditioner April 22. Money was donated to purchase the items by the Air Warrior Courage Foundation, a non-profit foundation of former U.S. military aviators.

SVS serves up new dining options

By Master Sgt. Mark Haviland
8th Fighter Wing Public Affairs

Customers of Kunsan's O'Malley Inn dining facility will get a some new dining options in May thanks to a couple of 8th Services Squadron initiatives.

Extensive menu changes to the ground support meal program and implementation of "grab-n-go" style meals will provide more options and healthier choices for troops on the go, according to Tech. Sgt. Shelli Fisher, 8th SVS food service superintendent.

"We've gotten a lot of feedback from customers through the Airman's Advisory Council and our Menu Advisory boards," said Fisher. "Most of that feedback is about customers wanting a wider variety of food to choose from and healthier choices in the ground support meals. I'm confident that our new menu addresses most of those concerns."

With the new menu, customers will get a choice of six sandwiches and three types of chef salad, Fisher explained. There also will be a choice of three "supplement packs" which include items like juice, soda, water, fruit, chips and other items. The current menu only offers two sandwich choices.

Fisher explained that all of the new ground support meals and supplements will comply with Air Force Corporate Food Service Menu Standards and anyone authorized to eat in the dining facility can order one of the meals.

But the expansion of the ground support

"We've listened to what the customers have to say and have targeted these programs at some very specific feedback."

— Tech. Sgt. Shelli Fisher

8th Services Squadron food service superintendent

meal menu also will mean some changes for the way customers are used to doing business.

"The way the system works now, units or work centers just call in and say they want a certain number of meals," she explained. "But because of the complexity of preparing so many different choices and supplements under the new menu, units will have to place orders four hours in advance of the requested pick-up time."

Despite the changes to the ordering and the extra preparation required, Fisher expects the menu to be a success with troops who are unable to make it to the dining hall for a sit-down meal.

And for the troops who can make it to the dining hall but are short on time, the O'Malley's new "Grab-N-Go" service should hit the spot.

"The grab-n-go meal is basically a complete meal in a lunch bag," Fisher said. "We'll provide three meal choices for breakfast and four choices for lunch and dinner."

For example, in one of the breakfast meals customers will get a microwavable bacon, egg and cheese muffin, some fruit and a yogurt cup. Beverages are not included in the bag, but are available for customers.

The meals, in a white bag decorated with the Air Force Services logo, will be clearly labeled by type and will range in price from \$1.15 to \$3 for breakfast and \$1.40 to \$3 for lunch. Traditional carry out trays will still be available for people who prefer to take out hot food.

Services officials here are confident both new dining options will improve customer satisfaction.

"We've listened to what the customers have to say and have targeted these programs at some very specific feedback," Fisher said. "Both of these initiatives provide a variety of nutritious meals that can be eaten away from the dining hall — the perfect solution for troops on the go."



Photo by Capt. Alisen Iversen

CIVILIAN APPRECIATION: Chong, Yong Sop, 8th Services Squadron, accepts a brunch gift certificate from Lt. Col. Terrie Ford, 8th SVS commander, during a raffle at the 8th Fighter Wing Civilian Appreciation Reception at the Loring Club Wednesday.

Reception honors civilians

U.S., Korean employees thanked for contributions

By Capt. Alisen Iversen
8th Fighter Wing Public Affairs

The 8th Fighter Wing held a civilian appreciation reception in the Loring Club Wednesday. The purpose of the event was to honor the Korean employees and the Department of Defense civilians for their contributions to the mission.

During the two-hour event, each civilian was personally greeted by Col. Guy Dahlbeck, 8th FW commander, and other commanders, and given a lapel pin of the U.S. and Republic of Korea flags. Hor'dourves were served and more than 30 gift certificates for food, golf course green fees, and bowling games were raffled off.

"The relationship between the military members and the civilians at Kunsan is unique,

and the mission could not be completed without you," Dahlbeck, said as he addressed the civilians during the reception.

"We wanted to let you know we appreciate you and we feel we are partners with you," he said. "So on behalf of all the commanders - Gahm-sah-hahm-ni-dah."

The employees seemed to enjoy the recognition. "I think it was done well — a wing-level acknowledgement of what we do is a good thing and appreciated," said Allen Spivey, 8th Maintenance Group.

Spivey said he appreciated the personal greeting he received at the door by the commanders and also liked the pin. "It's a small item, but a nice gesture," he added.

"According to civilians that have been here for many years, this is the first time this has ever been done," said Olive Mathis, 8th Mission Support Squadron Civilian Personnel Flight chief. "I hope it becomes a yearly tradition," she added.



Photo by Staff Sgt. Chuck Walker

DINING FACILITY TO-GO: 8th Services Squadron will offer customers a choice of six sandwiches, three types of chef salad and a variety of other items in the newly revamped ground support meals.

Killed in Action

Mortuary affairs deals with grim side of war

By Senior Airman Andrew Svoboda
8th Fighter Wing Public Affairs

Casualties are an unwanted, but unavoidable cost of war. In the event that any Wolf Pack troops are killed, a team of specialists here ensures the remains are repatriated to families back in the United States.

The 8th Services Squadron mortuary affairs are a team of experts trained in dealing with dead bodies, and serve as the first people responsible for getting remains back to families as quickly as possible.

“We don’t identify bodies here, so it’s important we get the remains sent back to the United States as quickly as possible,” said Tech. Sgt. Jacob Trujillo, 8th Services Squadron mortuary team leader. “Once in the United States, DNA tests and dental record checks are run, so the next-of-kin can be notified. We only put who the body is ‘believed to be,’ but official notification is made from the United States.

Mortuary affairs troops work hand-in-hand with medical staff. In the event of a mass casualty incident, a mortuary affairs representative usually goes to the scene of the accident. If there are a lot of dead bodies, a doctor will pronounce the dead, and remains will by bypass the clinic and go directly to the base’s temporary mortuary.

“We’re not medical, so we never touch a body until we have a death certificate,” said Trujillo.

Mortuary affairs troops also operate a mortuary collection point near the clinic during contingencies and exercises. When someone is pronounced dead, they arrange transportation from the hospital to the mortuary.

“Although doctors inspect the body, our mortuary collection point person inspects the body for UXOs [unexploded ordnance],” said Trujillo.

At the mortuary, troops remove organizational gear such as web belt and canteen, then finger print the bodies.

“We never touch personal gear, such as wallets or ID cards,” said Trujillo. “That stays on the person for identification purposes in the United States. We

also put a bag over the head increase any teeth come loose, they aren’t lost.”

During exercises, living people actually simulate dead bodies by stepping inside body bags.

“We zip the bags, but only to about the neck,” said Trujillo. “For inspection purposes, we also motion like we would cover the head with a plastic bag, but of course we don’t really do it. We just show capability and knowledge of proper procedures.”

Finally, after remains are fingerprinted and processed, they’re stored in a refrigerated holding area until transport is arranged to carry them back to the United States.

“We also notify the PERSCO [personnel in support of a contingency operation] team of the casualty,” said Trujillo. “They keep accountability of all troops deployed to the base, and can request a replacement for the troop killed.”

Mortuary affairs here is typically a two-person slot which falls under the 8th SVS readiness flight. Due to the increased number of casualties during a contingency, extra troops are pulled from various jobs in the services squadron, such as the community center, dining facility and fitness center.

Working with dead bodies can be a psychologically demanding job, as Tech. Sgt. Russell Jameson knows first-hand. Jameson is a veteran of mortuary affairs, having worked at Dover Air Force Base’s port mortuary for seven years. He’s been involved with remains processing for more than 25 major incidents, including the Khobar Towers and USS Cole bombings and Sept. 11 Pentagon attack.

Even if someone is selected to work in mortuary affairs, they can decline.

“All services troops are trained to work mortuary affairs,” said Jameson. “Even though we’re all trained, not everyone can handle the job. Seeing personal effects, such as photos of the dead person’s family, can be extremely hard for some people to deal with. That’s ok, because we can shift people around to make the mission happen.”

During the remains processing, chaplains are always around, and are actively involved in providing support to mortuary affairs workers. Team members are also talk to each other to maintain a sense of normalcy during the situation.

While no exercise could prepare mortuary affairs to deal with the situation like real-world experience,



Photo by Senior Airman Andrew Svoboda

TRAINING FOR THE WORST: Tech. Sgt. Jacob Trujillo and Staff Sgt. Dawn Erdmann, 8th Services Squadron mortuary affairs, process a simulated casualty during the recent Operational Readiness Inspection. Mortuary Affairs troops finger print bodies and arrange transportation back to the United States.

it is an opportunity to refine skills and go over procedures.

“You can never get enough practice,” said Trujillo. “It is so important we are precise, don’t make mistakes and handle the body with the utmost respect.”

“Being part of mortuary affairs is the most gratifying thing I’ve ever done,” added Jameson. “We begin the process with a broken body, but by the end, return the person to an honorable soldier. I take great satisfaction in knowing that we help bring closure to the next of kin and the work we do will last forever.”

USFK, Wolf Pack combat human trafficking, prostitution

By Maj. Eric J. Werner
8th Fighter Wing deputy Staff Judge Advocate

Recent media reports have highlighted the international problems of human trafficking and prostitution. As military members representing the United States abroad, it is important to be aware of these issues, their negative human effects, and what can be done to help eliminate the problem.

Human trafficking, simply defined, means using someone for sex or labor through force, fraud, or coercion. Pandering and prostitution are the unlawful buying or selling of sexual services for money or reward.

By either intentionally or unintentionally supporting human trafficking, the reputation of the U.S. armed forces is cast in a negative light. The 8th Security Forces Squadron and Air Force Office of Investigations continue to monitor off-base districts like American Town to determine if establishments



are supporting illegal activities. When establishments are determined to be involved in these activities, they will be placed off-limits.

In addition to overt activities, investigators continue to target the potentially covert ones as well. The

practice of paying to take an employee from a bar for “company,” also known as “bar fining,” creates the strong impression of illicit activity. Members of the Wolf Pack should be aware authorities are targeting the establishments that use this service as a cover for something else and are taking appropriate action.

Involvement in these activities can have serious consequences on a military member’s career. The Uniform Code of Military Justice sets out a maximum punishment of five years confinement and a dishonorable discharge for soliciting prostitution. When caught in illegal activities, criminal action will follow.

Military members who are offered or witness these types of activities should report them to 8th SFS Town Patrol at 782-4513, 8th SFS Law Enforcement Desk at 782-4944, or OSI at 782-4500.

Being aware of human trafficking and prostitution activities and doing your part to report and stop them will contribute to the safety and the quality of life of everyone stationed at Kunsan Air Base.



Wolf Pack Radio 88.5 FM

Weekdays — 5 to 10 a.m.

Request songs at 782-4373 or www.afnkorea.com

Excellence ♦ Integrity ♦ Service Before Self

May Promotions

To Airman
8th Civil Engineer Squadron
Davina Lynn Keene
8th Security Forces Squadron
Maurice Wayne Glenn II
8th Maintenance Operations Squadron
Phillip Andrews
Timothy Fowler
8th Maintenance Squadron
Nathan Biles
Lantz Rinne

To Airman 1st Class
8th Mission Support Squadron
Leslie Goto
8th Maintenance Squadron
Kevin Herrera
8th Security Forces Squadron
Nathaniel Durfee
Lance Keller
Joshua Shafer
Justin Wojnowiak

To Senior Airman
8th Civil Engineer Squadron
Brendan Ford
Carlos Richardson
8th Communications Squadron
Eric Cranely
Eric Flinders
Princess Scott
8th Logistics Readiness Squadron
Mark Jennings
Troy Kelsheimer
Trencihia Williams
8th Security Forces Squadron
Stacy Schweigel
Sara Tobalske

8th Medical Support Squadron
Andrew Cole
8th Maintenance Squadron
Michael Rice

To Staff Sergeant
8th Aircraft Maintenance Squadron
Seth Berger
William Biermann
Aaron Hassemer
Jesse Jenkins
Jonathan Quilliam
Adam Raffety
Nathan Thornhill
Jason Turpin
Torrance West
8th Civil Engineer Squadron
Rashaud Blandburg
Heidi Leon
8th Fighter Wing
Giovanni Anderson
Anthony Paternoster
8th Logistics Readiness Squadron
Joshua Hill
Charles Pierce
Justin Walling
Patrick Wiseman
8th Medical Group
Joseph Berberich
Alan Weary
8th Maintenance Squadron
Neshaune Carlie
Sean Harris
William Hawkins
Timothy Henry Jr.
Chadwick Johnson
Kevin Johnson
Landon Montgomery
James Roberson

David Schaefferkoetter
8th Security Forces Squadron
Heather Hubner
Andrea Pepper

To Technical Sergeant
8th Communications Squadron
Manuela Henning
8th Maintenance Group
Aaron Grantham
8th Maintenance Squadron
Lawrence Wilhelm Jr.
8th Operations Support Squadron
Jerry Malone
8th Services Squadron
Johnny Lasswell
9th Expeditionary Fighter Wing
Patrick Adams

To Master Sergeant
8th Logistics Readiness Squadron
Alonzo Holland
8th Medical Support Squadron
Richard Watson
8th Maintenance Squadron
Timothy Arledge
8th Operations Support Squadron
Ferdinand Erolin
James Schlecht
9th Expeditionary Fighter Wing
Monkia Schorer

To Senior Master Sergeant
8th Aircraft Maintenance Squadron
David Teeple

Feedback from survey improves civilian leadership development

Staff Sgt. A.J. Bosker
Air Force Print News

WASHINGTON — A sampling of Air Force civilians in the grades of GS-12 through GS-15 have received and completed the civilian long-term training survey via e-mail. The 12-question survey, which was distributed through April 25, is an opportunity for people to express their thoughts or concerns about the civilian competitive development program, according to Bill Swigert, chief of civilian education and training at the Pentagon. The CCDP, designed to meet the long-term civilian leadership needs of the Air Force, prepares selected civilians for increased responsibility and leadership, Swigert said. It does so by offering highly qualified civilians the opportunity to attend in-residence professional military education, graduate-level programs in management and policy, and the Department of Defense executive leadership development program and excellence in government fellows program.

Although the Air Force does well matching civilians to these positions, there are often too few nominees to select a pool of alternates, Swigert said. “At times, we’ve had to leave some of these positions open when our primary has been unable to attend a course or program,” he said. “This survey will help us identify our people’s knowledge of the CCDP and whether any roadblocks exist that discourage more people from taking advantage of this great program.”

A former CCDP participant himself, Swigert said the experience not only broadened his knowledge of the Air Force mission and history but also let him interact with military officers. “It gave me a greater understanding and appreciation of [the military] component of the total force,” he said.

According to Swigert, the program also benefits his military counterparts. “Many [of the officers] I attended PME with never worked closely with civilians before,” he said. “This gave me the opportunity to shed some light on what we, as civilians, contribute to the Air Force mission. The program brought our two cultures together to learn from each other.”

Survey recipients were asked to complete their survey within two weeks of receiving it, as the goal is to compile the data and give it to senior civilian Air Force leaders by the end of May.

Because of the importance of the program, Swigert said he urges commanders to encourage their civilian workers to take advantage of professional development opportunities just as they do with company grade officers. The call letter for nominations for 2004 will be issued sometime in May.

Roger M. Blanchard, assistant deputy chief of staff for personnel at the Pentagon, said the survey will help ensure the continued effectiveness of the civilian competitive development program “to prepare our civilians to be future Air Force leaders.”

“Developing our future civilian leaders is critical to the Air Force,” Blanchard said. “We’re asking our people for their feedback [through the survey] to get a better understanding of their wants and needs to improve our force development efforts.”

For more information on civilian personnel, call 782-4526.

BEST IN PACAF: James Boogaard, 8th Services Squadron Loring Club assistant manager, was recently named the Pacific Air Forces Services civilian supervisor of the year. Boogaard has been at Kunsan about 13 months. He will represent PACAF at the Air Force-level competition.



Tech. Sgt. Richard Cleveland

Job: 8th Maintenance Squadron Precision Measurement Equipment Laboratory

Duties: Calibrate, troubleshoot and repair test measurement and diagnostic equipment.

Hometown: Plano, Texas

Follow-on: Ramstein Air Base, Germany

Hobbies: Working out and traveling.

Favorite music: Classic rock.

Last good movie you saw: “Bloody Sunday”

Best thing you’ve done at Kunsan: Traveled to Pusan and Hyundai Beach the weekend of Typhoon Rusa.

“Staff Sgt. Perkins’ competency, attitude and actions have gained him the respect of personnel throughout the Wolf Pack. His accomplishments include calibrating the wing’s only pneumatic pressure console, enhancing a vital wing crash recovery capability. Perkins also saved the wing more than \$10,000 in parts replacement costs by reconstructing a damaged temperature probe.”

Staff Sgt. Todd Drzyzga
8th Maintenance Squadron

Asian-Pacific American Heritage Month

Free Cooking Class
11:30 a.m. Tuesday at the SonLight Inn
Learn to cook Filipino dishes Lumpia and Pancit
To register, call the family support center at 782-5644.

<http://www.kunsan.af.mil/wpw/>



Staff Sgt. Heather Hubner, hostage negotiation team, organizes information gathered on the "terrorists" to be used by the hostage negotiator during a recent EST exercise.



Senior Airman Kevin Boyd, an EST member, guards a "terrorist" while the rest of his team secures the building and other "terrorists" during a recent training exercise.



Photos by Staff Sgt. Kelley Stewart

Staff Sgt. Steve Barbour, 8th Security Forces Squadron EST, goes over the layout of a building where "hostages" are being held as part of a recent training mission for the group. The scenario was the Pacific Air Forces' commander and his wife were being held hostage in an 8th Services Squadron distinguished visitor's house near lodging. EST was called in to "rescue" the hostages.

EST: Handling difficult situations

By Staff Sgt. Kelley Stewart
8th Fighter Wing Public Affairs

Hostages have been taken and are being held in the distinguished visitor's quarters at Kunsan Air Base. It's the job of about 30 people — men and women — from the 8th Security Forces Squadron and 8th Civil Engineering Squadron who sit in a small room and plan how they're going to rescue them.

The emergency services team plans the hostage rescue by looking at building blue prints for the best way to breach the building while others check out weapons and inspect equipment. After a few hours, hostage negotiators know basically whom they're dealing with and their demands, and the entry teams have developed a plan of attack to enter the building and rescue the hostages.

EST — made up of security forces, explosive ordinance disposal and fire department — is a quick response force called in for difficult situations.

"We would be deployed when the security forces commander or the wing commander decides that we are needed," said Staff Sgt. Steve Barbour, EST NCO in charge. "We could be used for DV protection, respond to an active shooter, hostage situations or as an anti-terrorism measure."

EST has many different areas to include entry teams, hostage negotiators, marksmen observers, explosives experts and tactical medics, so when the group gets together to train, it covers a variety of situations.

Before the entry teams storm the DV quarters, the hostage negotiation team tries to talk the hostage takers into giving up their hostages and surrendering.

"The purpose to the hostage negotiator is to defuse and end any crisis situation before anyone gets hurt through negotiations," said Staff Sgt. Mark Piles, primary hostage negotiator and hostage negotiation team leader who attended a two-week course taught by the Omaha Police Department.

He also trained with the Santa Barbara County Sheriff's Office and the California Police Officer Standardized Training for Domestic Violence for Crisis Negotiators.

Negotiators are used whenever there is a hostage situation or a barricaded person threatens to kill himself.

As the entry teams creep up on the DV quarters, they know everyone on their team has given up their free time to train for this type of situation, and is dedicated to them and the other members of the team.

According to Barbour, that is the most rewarding part of being on EST. "You're part of a team — an elite group. You're part of a different type of fam-



Members of EST secure the outside of building 307, a distinguished visitor's quarters, during a recent training scenario before entering the building to rescue "hostages."

ily," he said. "The training is the next best thing. It gives you something else to add to your resume."

Anyone in security forces, EOD or the fire department can try out for EST. Interested people need to interview with Barbour or 2nd Lt. Jalaal Green, EST officer in charge. After the interview, applicants are given a selection package to fill out. They also must take, and pass, the Army physical training test.

"We'd also like to work with the medical group on getting one of their medics on the team," Barbour said.

Negotiations breakdown and the entry teams break into the DV quarters. EST members swarm all over the house looking for hostage takers and hostages while EOD looks for, and defuses, any booby traps. The kidnappers are either killed or captured and the hostages freed.



Staff Sgt. Mark Piles, primary hostage negotiator, checks to ensure his equipment is working order in a nearby room before calling in to talk the "terrorists" holding hostages in the DV's quarters recently.



Senior Airman Shane Gullick, 8th SFS, adjusts the straps on Airman 1st class Robert Spriggs', 8th SFS, ranger ballistics vest so it doesn't slide. All EST members are required to wear these vests when carrying out a mission. They also wear ballistic tactical helmets with goggles, tactical vest and a variety of weapons.

(Left) Senior Airman Charles Zipp, a "terrorist," trains his weapon on the master bedroom door while his "hostage" is kept in the closet during a recent EST training scenario.



Today

Free food The Loring Club offers club members baked chicken 6 to 9 p.m. in the ballroom. For more information, call 782-4312 or 782-4575.

Howlin’ Bowl The Yellow Sea Bowling Center has howlin’ bowl Fridays from 7 p.m. to 1 a.m. The cost is \$11 a person or \$50 a lane. For more information, call 782-4608.

Smorgasbord buffet The Loring Club hosts a super smorgasbord 11 a.m. to 1 p.m.

Karaoke Display your talent or cheer on others 8 p.m. to midnight at the Falcon Community Center.

Saturday

Nine-pin tournament The Yellow Sea Bowling Center hosts a nine-pin bowling tournament starting at 6:30 p.m. The entry fee is \$13. For more information, call 782-4608.

Cinco de Mayo The Loring Club hosts a Cinco de Mayo celebration at 4 p.m. For more information, call 782-4312 or 782-4575.

Outback Steak House The Falcon Community Center hosts a trip to the Outback Steak House and Wal-Mart in Seoul. The bus leaves the community center at 7:30 a.m. and returns at 8 p.m. The cost is \$20 and \$16 for senior airmen and below. Korean money is required. For more information, call 782-4679 or 782-5213.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. Busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to

base at 1, 3 and 6:30 p.m. The cost is \$2. For more information, call 782-4619.

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 and 10 a.m. The bus returns to base at 5 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

Sunday

Brunch Extravaganza The Loring Club offers entrees and side dishes for Sunday brunch from 10:30 a.m. to 1 p.m. Price is \$11.95 per person for club members.

Mount Naejan and Kunsan-sa Temple tour The Falcon Community Center sponsors this trip. The bus leaves the community center at 8 a.m. and returns at 6 p.m. The cost is \$20 and \$16 for senior airmen and below. For more information, call 782-4679 or 782-5213.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. and noon. The bus returns to base at 5 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. The busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2.

Monday

Mexican buffet The Loring Club has a Mexican buffet 11 a.m. to 1 p.m. The cost is \$5.85 for club members and \$6.85 for non-members.

Bowling lessons The Yellow Sea Bowling Center offers bowling lessons by an experienced bowler noon to 2 p.m., 6:30 p.m. and 8:30 p.m. The cost is \$1 a game.

Pool tournament The Loring Club hosts a nine-ball pool tournament at 7 p.m. For more information, call 782-4312 or 782-4575.

Pizza night The Loring Club has 50 cent pizza from 6 to 8 p.m.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. The bus returns to base at 5 p.m. Tickets are \$10 one way and \$20 round trip.

Tuesday

Kun burger The Loring Club has a \$2 Kun burger from 6 to 8 p.m.

Pool tournament The Loring Club hosts a nine-ball pool tournament at 7 p.m.



Courtesy photo

TWISTED SISTER: Twisted Sister plays 7 p.m. Saturday in the Loring Club parking lot. The classic lineup of lead vocalist Dee Snider, co-lead guitarist/vocalist Jay Jay French, co-lead guitarist/vocalist Eddie Ojeda, bass guitarist/vocalist Mark “The Animal” Mendoza and drummer/vocalist A.J. Perowill perform. The set list will feature all the hits and fan favorites like “We’re Not Gonna Take It,” “I Wanna Rock,” “You Can’t Stop Rock ‘N’ Roll,” “I Am (I’m Me)” and “Under the Blade.” This is a United Service Organization tour.

For more information, call 782-4312 or 782-4575.

Sumo wrestling The Loring Club hosts sumo wrestling. For more information, call 782-4575 or 782-4312.

Oriental buffet The Loring Club has an Oriental buffet 11 a.m. to 1 p.m. The cost is \$5.85 for club members and \$6.85 for non-members.

Wolf Pack Wheels Departs Kunsan for Yongsan at 7:30 a.m. The bus returns to base at 3 p.m. Tickets are \$15 one way and \$30 round trip.

Wednesday

Free food The Loring Club offers club members free roast beef sandwiches 6 to 9 p.m. in the ballroom.

Texas barbecue The Loring Club has a Texas-style barbecue buffet 11 a.m. to 1 p.m.

Karaoke Display your talent or cheer on others 8 p.m. to midnight at the Falcon

Community Center.

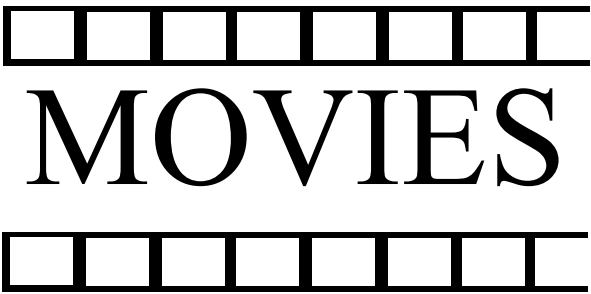
Thursday

Fishing rod and reel outlet The Falcon Community Center hosts a trip to the fishing rod and reel outlet May 10. The bus departs at 7 a.m. and returns at 8 p.m. The cost is \$20 and \$16 for senior airmen and below. The deadline to register is today. For more information, call 782-4679.

Bamboo market The Falcon Community Center hosts a trip to the bamboo market and Paegyang-sa Temple. The bus departs at 8 a.m. and returns at 7 p.m. The cost is \$20 and \$16 for senior airmen and below. The deadline to register is today. For more information, call 782-4679 or 782-5213.

Italian buffet The Loring Club has an Italian buffet 11 a.m. to 1 p.m.

Submit your events for 7-Days by sending an e-mail to wolfpackwarrior@kunsan.af.mil. Submissions must include the time, date, place, point of contact and a phone number.



Saturday

“The Core” (PG-13) 7 and 9:30 p.m.

Sunday

“Gods and Generals” (PG-13) Starring Bruce Boxleitner and Billy Campbell. 3 and 8 p.m.

Monday

Closed

Tuesday

“Gods and Generals” (PG-13) 8 p.m.

Wednesday

“Cradle 2 the Grave” (R) Starring Jet Li and DMX. 8 p.m.

Thursday

“The Life of David Gale” (R) Starring Kevin Spacey and Laura Linney. 8 p.m.

The theater is now closed Mondays. For more information, call 782-SHOW.



Tonight

“The Core” (PG-13) Starring Hilary Swank and Aaron Eckhart. 7 and 9:30 p.m.

Memorial Day block party

There is a Memorial Day block party in the parking lot of building 755 featuring the Soto Band from Los Angeles.

Birthday meal

The O’Malley Dining Facility hosts the May birthday meal 6:15 May 11. Please sign up at the O’Malley no later than May 9. The total cost of the meal will be determined for those people receiving basic allowance for subsistence. For more information, call Tech. Sgt. Shelli Fisher at 782-5160 or 782-5538.

Education

CCAF graduation The spring 2003 Community College of the Air Force graduation ceremony is 10 a.m. Tuesday in the Loring Club. Degree candidates need to call the education office to see if they are eligible to participate. All graduates, supervisors and commanders are encouraged to attend the ceremony. For more information, call 782-5148.

ASE exams The National Institute for Automotive Service Excellence examinations are May 6, 7 and 8. Tests should have been ordered by March 19. For more information, call 782-5148.

College registration Registration for term four runs through May 24. Class schedules are out. For more information, stop by the education office.

Troop-to-Teachers Troops-to-Teachers provides referral assistance and placement services to military personnel interested in beginning a second career in public education as a teacher. The DANTES Troops-to-Teachers office helps applicants identify teacher certification requirements, programs leading to certification and employment opportunities. The office's new Web site is www.jobs2teach.doded.mil.

CLEP/DANTES The education office offers CLEP/DANTES testing 8 a.m. Mondays and Fridays, and 8 a.m. and 1 p.m. Wednesdays. Call 782-5148 for an appointment. The Rosenblum Library offers a variety of CLEP and DANTES study material for loan. The library is open 9:30 a.m. to 9:30 p.m. daily.

CDC testing Career Development Course testing is 9 a.m. Thursdays in building 1053, room 3. Unit training managers must make appointments for testing.

FSC

TAP Workshop The Family Support Center hosts a transition assistance program class 8 a.m. to 4 p.m. Topics include: job search, resume writing, interview techniques, career exploration, legal affairs, medical insurance, Veterans Affairs benefits, relocation decisions, etc. For more information, call 782-5644.

Sponsorship Training The Family

Support Center gives sponsors the tools to help make new members' transition to Kunsan an easy one. Training is 10 to 11 a.m. every third Wednesday at the Sonlight Inn. Registration required, call 782-5644.

Financial management A personal financial management program class is 2 to 3 p.m. in building 755, room 215. Air Force Instructions make this class mandatory for all E-4s and below at their first duty station. For more information, call 782-5644.

Return, reunion The Family Support Center hosts a return and reunion briefing 3:30 p.m. Tuesdays at the base theater. The briefing addresses the challenges of returning home after a separation.

Smooth Move A briefing to answer questions about permanent-change-of-station moves is 1 to 2:30 p.m. the second Wednesday of the month at the SonLight Inn. Legal, finance, housing, and medical experts provide information. Registration required, call 782-5644.

Survival Korean language class Two-hour class teaches students how to read and write the Korean alphabet and also includes basic travel expressions. Class is 5 p.m. Thursday. Registration required, 782-5644.

Volunteer Opportunities

SonLight Inn The SonLight Inn needs units to volunteer for the Friday meals. The chapel is looking for units to volunteer May 30 through Aug. 29. If interested or for more information, call Airman 1st Class Jessica Duplantis at 782-4300.

CISM peer counselors The life skills support clinic seeks volunteers interested in becoming critical incident stress management counselors. Counselors receive training. For more information, call Capt. Robert Vanecek at 782-4562.

Korean orphanage Volunteers are needed to help at the local Kae Chong Orphanage on a weekly basis. Kunsan people spend time with 40 children on Thursday nights. There is an English lesson and snack time that lasts for two hours. For more information, call Staff Sgt. Lynetta Williams or Staff Sgt. Jesse Hernandez at 782-4035.

Commissary bagging Base members

can volunteer to sack groceries 1:30 to 6:30 p.m. weekends for tips. Sign up at the commissary.

Chapel

Protestant services General Protestant Worship Service is 11 a.m. Sundays and the Contemporary Praise and Worship Service/Bible study is 7 p.m. Wednesdays. Both services are conducted in the chapel. For information about any chapel services, call 782-4300.

Gospel Gospel services are 12:30 p.m. Sundays and the Inspirational Praise and Worship Service is 7:30 p.m. Fridays at the chapel.

LDS Services are 3 p.m. Sundays at the chapel.

Church of Christ Services are 9:30 a.m. Sundays at the SonLight Inn, room 1.

Catholic services Mass is 5:30 p.m. Saturdays, 9 a.m. Sundays and 11:30 a.m. Monday through Thursday at the chapel. Catholic Reconciliation is by appointment Monday through Thursday and 4:30 to 5 p.m. Saturdays. R.C.I.A. is 7 p.m. Wednesdays in the chapel conference room. An "Overview of the Scriptures" is 7 p.m. Thursdays in the chapel conference room.

SonLight Inn hours The SonLight Inn is open 6 p.m. to 10 p.m. Mondays through Thursdays, 6 p.m. to midnight Fridays, 8 a.m. to midnight Saturdays and 8 a.m. to 10 p.m. Sundays. For more information, call 782-5466.

Prayer & Bible studies The chapel hosts several prayer and Bible study groups at the chapel and Sonlight Inn. Groups include:

☐ Adult Sunday School, 9:30 a.m. Sundays, SLI, room 3.

☐ Basic Christian Training, 9:30 a.m. Sundays at the SLI, room 3.

☐ Korean-American Bible Study, 7:30 p.m. Mondays at the SLI, room 1.

☐ Women's Fellowship, 7 p.m. Tuesdays and every third Thursday at the SLI, room 2.

☐ Mid-Week Spiritual Boost, 12:15 p.m. Wednesdays at the chapel.

☐ Intercessory Prayer, 8:30 p.m. Saturdays at the SLI, room 2.

Miscellaneous

Travel restrictions Due to Severe Acute Respiratory Syndrome, U.S. Forces Korea has put travel restrictions on the following places: Thailand; Hanoi, Vietnam; Toronto, Canada; Mainland China; Hong Kong; and Singapore. People who travel to these countries and cities must be medically screened immediately upon return by calling the 8th Medical Group Public Health Office at 782-4510.

Bar fines By order of Brig. Gen. William Holland, 51st Fighter Wing/Area V commander, all U.S. military personnel are ordered not to make payment, whether by cash or other payment means, for a bar fine. Based on an Office of Special Investigations investigation, payments of bar fines has been directly linked to prostitution. Bar fines are any payment made to an owner, employee or agent of an establishment, club or bar in order to obtain the company or companionship of an employee or agent of that establishment, club or bar. People who fail to comply with this order are subject to punishment under the Uniform Code of Military Justice.

New promotion guides The 2003 Promotion Fitness Exam and Supervisory Examination study guides will be distributed in May. Members should get with their unit Weighted Airman Promotion System manager to get Air Force Pamphlet 36-2241, Volumes 1 and 2. The guides become effective July 1. The new guides have a CD-ROM with an electronic version of the study guide included with each volume. Members testing for promotion are required to have their promotion study references at least 60 days before testing.

Change of command The 8th Maintenance Operations Squadron change of command ceremony is 9 a.m. May 9 in Hangar 3.

The 8th Mission Support Group change of command is 9 a.m. May 12 in Hangar 3. Lt. Col. Douglas Tucker will assume command from Col. Timothy Byers.

The 8th Fighter Wing change of command is 10 a.m. May 14 in Hangar 3. Col. Robin Rand will assume command from Col. Guy Dahlbeck.

Submit your events for Bulletins by sending an e-mail to wolfpackwarrior@kunsan.af.mil.

TEMPLE TOUR

Visit the Eunjeok Temple for Buddha's birthday 9 a.m. to 3 p.m. Saturday. Registration with the family support center is required. For more information or to register, call 782-5644.

FREE CLASSIFIEDS

To submit an item for Free Classifieds, send an e-mail to wolfpackwarrior@kunsan.af.mil with "classifieds" and the category (Wanted, For Sale or Lost & Found) in the subject block. All submissions must contain member's rank, name and phone number and must originate from the member's e-mail account. No "personal" ads will be accepted. Deadline for submissions is noon Friday a week prior to desired printing. For more information, call 782-4705.

For Sale

Electric guitar Phil Pro PSM-700, neck-through-body, maple, walnut, mahogany body, three Bill Lawrence pickups, Wilkinson Tremolo, beautiful wood stripes, must see to appreciate, includes hard shell case, \$300 firm. Call Scott at 0116766480.

Wanted

Accounting technician The chapel has a part-time job opening for an accounting technician starting May 1. For more information, call Tech. Sgt. John Middaugh for a position description and work statement at 782-4300.

OFF LIMITS

The following Itaewon establishments are off limits by order of the Area II commander:

Number one Club
*Dragon/Eve Club
Dreams Club
Angel Club
Best Club
Bridge Club
*Cocktail Club/Tiffany's Club

Dallas Club
Red Fox Club
Royal Club
Forever Together
Isabella's Club
Indian Club

Nymph Club
Yes Club
Te Pyung Hotel
*Spanky's/M&M's Club
Starbutt Club
Sunny's Club
*Townhouse/ Marking Club
Tiger Tavern

Kiss in the Dark Club
Coyote Club

Texas Club
Moulin Rouge Club

* These clubs have recently changed their names, but are still off limits to military personnel.

Transition assistance program seminar

The family support center offers a TAP seminar 8 a.m. to 4 p.m. June 26 at the SonLight Inn for active-duty military, Department of Defense civilians and family members. The class addresses employment and transition concerns; medical, legal, housing and financial issues; veteran's benefits; and much more. For more information or to register, call the family support center at 782-5644.

Med Group leaves LRS in critical condition

MDG sits alone atop National League standings

By Staff Sgt. Chuck Walker
8th Communications Squadron

While Death Volley and MXS still sit atop the American League intramural volleyball standings undefeated, the two National League leaders, the 8th Med Group and the 8th Logistics Readiness Squadron met in a matchup Monday night.

The Med Group got solid play from Roy Fulleton and Stephen Hart and came back after losing game one to win 19-21, 23-21 and 15-10.

With the victory, the Med Group sits atop the National League standings with a 4-1 record, while LRS drops to 3-2 on the season.

Fulleton said togetherness is one reason for his team's early success.

"I feel real strong about our team," player-coach Fulleton said. "We play together and we've got good chemistry and it also helps that we're all good friends. That is especially true in the middle of a stressful game."

The Med Group almost watched this match slip away.

After building a 19-17 lead, the Med Group watched hopeless as Esther Jaraoliver served home four-straight service points to lead LRS to the game one victory.

LRS carried the momentum with them to the midpoint of game two, building a 13-7 lead.

But the Med Group came back to win that game and dominated the rubber game to win the match two games to one.

Fulleton and Hart led the way for the Med Group, with 13 and 12 kills respectively. Bentley led LRS with 11 service points and Jaraoliver added 10.

A time out in the middle of game two was vital to the comeback according to Fulleton.

"I just told them that we were rushing and we weren't talking to each other," Fulleton said. "I told them we just needed to slow down, quit rushing and play team ball. Basically that got us going again. It also gave us a chance to take a breather and get our minds focused back on the game, and got us back to playing our normal game."

One key to the comeback was the hitting of Hart.

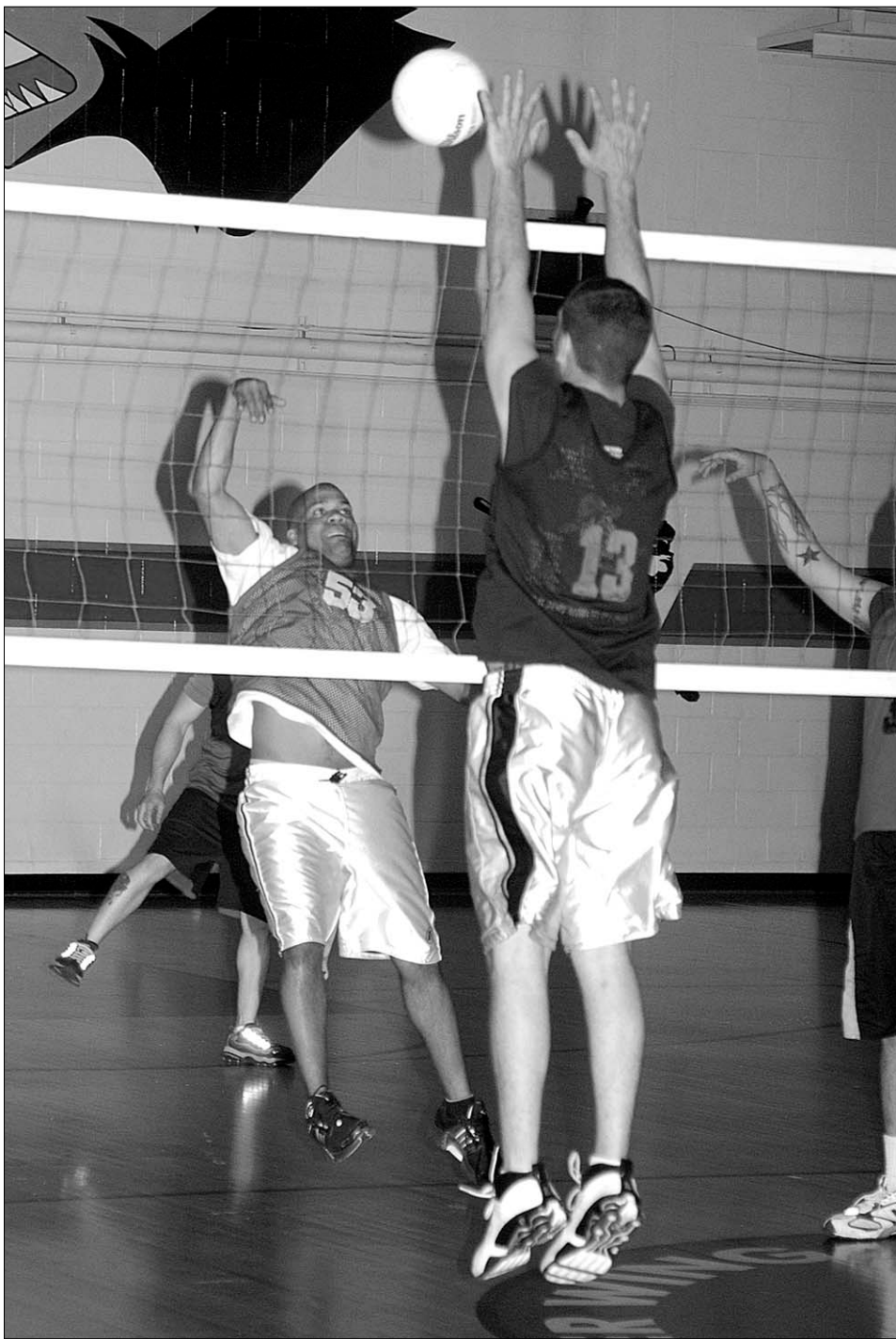


Photo by Staff Sgt. Chuck Walker

Dion Telting, 8th Med Group, attempts a kill during his team's 19-21, 23-21, 15-10 victory against the 8th Logistics Readiness Squadron Tuesday. Med Group now sits alone atop the intramural volleyball National League.

Fulleton said Hart is one of the best strategic players he has seen.

"You don't always have to pound the ball to get a kill," Fulleton said. "You can strategically place the ball where you want it to go with dinks and dunks and Hart is very good at that. All we want is the point, we don't care if it looks pretty or not."

Despite how good his team is playing right now and everything he has heard about Death Volley and MXS in

the other league, Fulleton said that the Med Group will be a team to be reckoned with from here on out.

"Death Volley is very good offensively and has some great hitters," Fulleton said. "But, I feel we have a strong all-around team, whereas they have a lot of good individual players. As long as we stay with our plan and stay focused and play with our heads, we should be definite contenders at the end."

SPORTS SHORTS

All-star b-ball game set

Top players from each squadron will participate in a basketball game, three-point shoot-out and slam dunk contest 6:30 p.m. Monday. Call the fitness center or squadron sports representatives for more information.

5K fun run/walk

A 5K run and walk is set for 1 p.m. Saturday at the fitness center. Sign-up at the fitness center.

Free-throw contest

A free-throw contest is set for 1 p.m. Saturday at the fitness center. Sign-up at the fitness center.

4x400 meter relay

The race is set for 9 a.m. May 10 at the track. Sign-up at the fitness center.

20-mile stationary bike race

The race is set for 1 p.m. May 10. Sign-up at the fitness center.

10K 2-person biathlon

The race is set for 9 a.m. May 17. Sign-up at the fitness center.

Push-up/sit-up contest

The contest is set for 3 p.m. May 17. Sign-up at the fitness center.

5K run/walk

The race is set for 9 a.m. May 24 at the Health and Wellness Center. Sign-up at the fitness center.



USAF Marathon registration

Registration is underway for the 2003 U.S. Air Force Marathon scheduled for Sept. 20. Reduced fees for early registration are available until June 30. Registration deadline is Sept. 4. To register, visit the marathon Web site at <http://afmarathon.wpafb.af.mil/>, or call the marathon office at (937) 257-4350 or (800) 467-1823.

Towel return

Please return any towels that belong to the sports and fitness center.

Martial Arts Classes

Budo Taijutsu/Ninjutsu

Noon Saturday and Sunday - FREE

Tae Kwon Do

8 to 9 p.m. Monday to Thursday

Kuk Sool Hapkido

7 a.m. and 7 p.m. Monday to Friday

Tang Soo Do

6 a.m. and 7 p.m. Monday to Friday

Aerobics Classes

Monday

5:30 a.m. - Aerobics
5:45 p.m. - 15-minute Abs
6 p.m. - Step Challenge

Tuesday

5:30 a.m. - Aerobics
6 p.m. - Step Challenge

Wednesday

5:30 a.m. - Aerobics
5:45 p.m. - 15-Minute Abs
6 p.m. - Kickbox

Thursday

5:30 a.m. - Aerobics
6 p.m. - Step Hi/Lo

Friday

5:30 p.m. - Aerobics
6 a.m. - Boot camp

Saturday

10 a.m. - Step Mountain
11 a.m. - 15-minute Abs

PACAF - Fit to Fight

May Fitness Month Sports Day Calendar - May 31

9 a.m. - Opening Ceremony at fitness center
10 a.m. - Racquetball tournament at fitness center
10 a.m. to 3 p.m. - Spin/Aeroba-thon at fitness center
11 a.m. - Tug of War at football field
1 p.m. - Home run derby at softball field
1 p.m. - 3-on-3 basketball tournament at fitness center

2 p.m. - 2-on-2 beach volleyball at CE squadron lounge
2 p.m. - Open horseshoe doubles at CE squadron lounge
2:30 p.m. - Chiefs/Eagles softball at softball field
4 p.m. - 5K run/walk at fitness center
4 p.m. - 100-meter dash at track
4:30 p.m. - 4x400 meter relay at track
6:30 p.m. - Closing Ceremony at football field

For more information, contact the fitness center or squadron sports representatives.



The health and wellness center offers free smoking cessation classes. For more information, call 782-4305.



Tips to Healthy Eating

The health and wellness center can give tips on eating right. For more information, call 782-4305.

SCORES & MORE

BOWLING

American League		
	W	L
Red Devils	155	61
Fabrication	134	82
Med Dawgs	132	84
SUPS A	128	88
8 SVS	120	96
8 TRANS	118	98
8 COMM A	118	98
8 OSS	112	104
8 MOS	111	105
35th AMF	110	106
SFS	104	112
Munitions 2	86	130
80th AMF	84	132
COMM B	70	146
GateKeepers	63	153
Army	37	179

National League		
	W	L
Kwang Ju	128	80
PMEL	125	83
Bad Ammo	123	85
Fuels Shop	114	94
8 CPTF	114	94
Avionics	113	95
Big Green Truck	112	96
Wing Dings	111	97
MDG B	110	98
QA "Buzzards"	98	110
OSS Dumbells	96	112
MDG C	90	118
80th AMF B	86	122
Munsons	84	124
Jack Stogies	74	134
Post Office	60	148

VOLLEYBALL

American League		
	W	L
MXO	5	1
MDG A	4	1
LRS	4	2
COBRA 2	3	1
E-BTRY	3	2
AMXS	2	4
MXS B	1	3
OG	0	4
SVS	0	4

National League		
	W	L
MXS	6	0
Death Volley	5	0
CES	3	2
COMM	3	3
MDG B	2	3
F-BTRY	1	4
SFS	1	4
CPTF	0	5

Spin classes

The sports and fitness center and the health and wellness center offer spin classes.

HAWC —

Today Noon and 5 p.m.

Monday Noon and 5 p.m.

Wednesday Noon and 5 p.m.

Fitness center —

Today 5 a.m.

Tuesday 5 a.m.

Thursday 5:15 a.m.

Fitness center hours

The sports and fitness center hours are:

Monday to Thursday
4:30 a.m. to midnight

Friday

4:30 a.m. to 11 p.m.

Weekends, holiday and down days
8 a.m. to 9 p.m.

Golf course

The West Wing Golf Course offers many services including golf club rental, pull cart rental, handicapping services, intramural golf, golf lessons and club fittings. People desiring to complete in tournaments are required to have a handicap. Handicaps can be established by turning in score-cards to the pro shop with name and date indicated return from overseas indicated. Establishing a handicap is free.

Exercising is good for arthritis sufferers

KEESLER AIR FORCE BASE, Miss. — Should people with arthritis exercise? The answer to this question is a resounding “yes,” according to 1st Lt. Justin Theiss, a physical therapist at the medical center here.

“Studies have shown exercise helps preserve joint mobility and function,” Theiss said. “Inactive lifestyles and low fitness levels are two traits characterizing many people with arthritis.”

Unfortunately, for someone suffering from an arthritic condition, prolonged inactivity can accelerate the symptoms traditionally associated with the disease. Symptoms include increased muscle atrophy, decreased flexibility, degeneration of joint cartilage and a greater risk of bone fractures due to the loss of bone mass.

The benefits of exercise for those with arthritic conditions are numerous. Theiss said that exercise reduces joint pain and stiffness and increases flexibility, muscle strength, cardiac fitness and endurance.

“Exercise can also lead to a better psychological outlook,” Theiss said. “Faithful exercisers suffer from less stress, anxiety and depression. They may get better sleep and have an improved sense of self-esteem.”

Physical therapists can recommend exercises that are particularly helpful for people suffering from arthritic conditions. The therapist designs a home-exercise program and teaches the client about pain-relief methods, proper body mechanics, joint protection and conserving energy.

Often, therapists prescribe three types of exercise:

Range-of-motion exercises help maintain normal joint movement and relieve stiffness. This helps maintain or



Photo by Steve Pivnick

HEALTHCARE: Physical therapist 1st Lt. Justin Theiss helps Maurine Maddox with a hamstring-stretching exercise she can do at home. Osteoarthritis in her right knee makes it difficult for Maddox to sit and stand. She began the regimen in January and within four weeks she was 95 percent improved.

increase flexibility.

Strengthening exercises [weight training] help keep or increase muscle strength.

Strong muscles help support and protect joints affected by arthritis.

Aerobic or endurance exercises like bicycle riding improve cardiovascular fitness, help control weight and improve overall function.

Weight control can be important to

people who have arthritis because extra weight puts extra pressure on many joints. Some studies show aerobic exercise can reduce inflammation in some joints.

Before starting any exercise program, it is important for people to discuss their options with a doctor or other appropriate health care provider, Theiss said.

— Courtesy of Air Force News

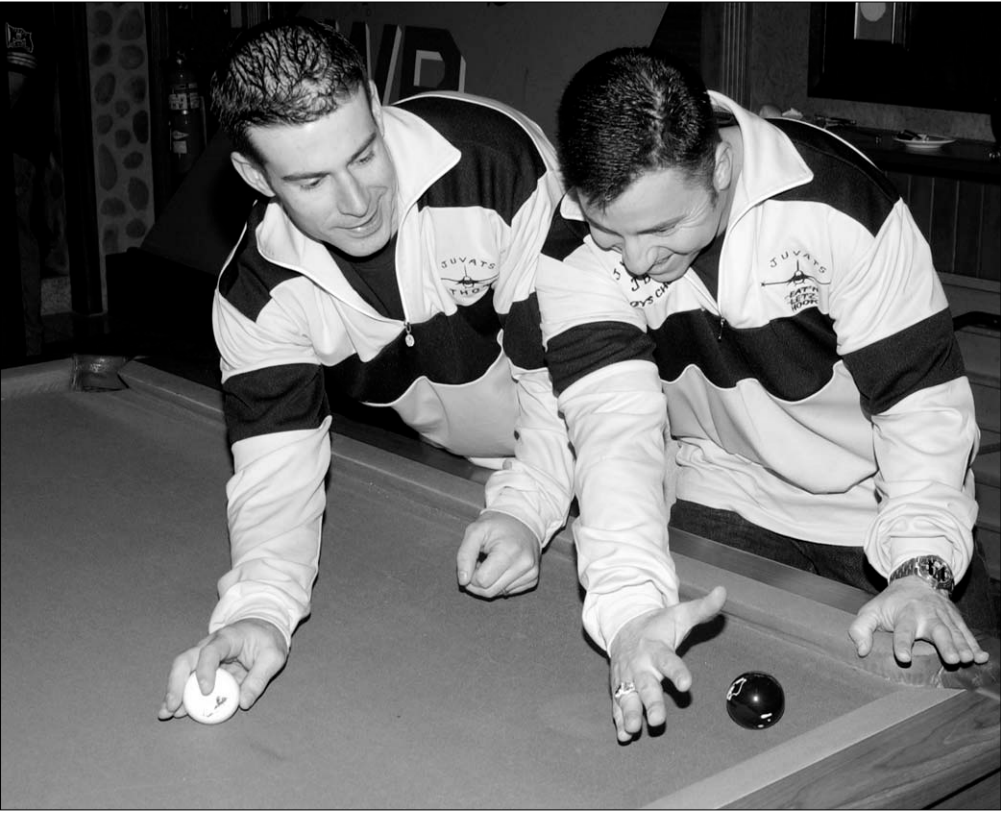


Photo by Staff Sgt. Chuck Walker

CRUD TOURNAMENT: Capt. Sean Carpenter (left) lines up his shot against Capt. Mike Rider (right), both 80th Fighter Squadron pilots, during a Crud tournament at the Loring Club April 25. Crud is a fast-paced competitive game played with only two pool balls on an oversized pool table that has four pockets. The game was invented in Canada. Rider’s team won the tournament and each member of the team won \$500 in “Services Bucks,” \$100 credit on their club cards and a “Wolf’s Cranium” plaque. The other members of the winning team are: Capt. Jason Hokaj, 1st Lt. Scott Seigfried, and 1st Lt. Mark Morrell all from the 80th FS. In second place was the 8th Operations Support Squadron team that included Lt. Col. Michael Hilton, Maj. David Disipio, Maj. Robert Winkler, and Capt. Josh Clark. They each won \$250 in “Services Bucks,” and a plaque. The third place team, also from the 80th FS, included Capt. Mark Piper, Capt. Darren Willis, Capt. Sean Carpenter, and Capt. Bryan Griffith, who were each awarded \$100 cash and a plaque.



Armed Forces Day
10K biathlon

The fitness sponsors a two-person
10K biathlon
9 a.m. May 17.
For information,
call 782-4026.

Lifeguards needed

The fitness center is looking for lifeguards. If interested, stop by the fitness center or call Tech. Sgt. Jeffrey Overly at 782-4026.

Destination: JEONJU

Wolf Pack travels to neighboring city, attends film festival

By Senior Airman Andrew Svoboda
8th Fighter Wing Public Affairs

With all the excitement of a Hollywood premiere, Kunsan members experienced an evening of glitz and glamour last week when they attended an international film festival held in the neighboring city of Jeonju.

Jeonju city officials, who invited the military members to the evening's red carpet-lined opening ceremonies, also treated Wolf Pack members to dinner and a tour of the city.

The approximately 30 Kunsan members in attendance were comprised of both veterans who had visited Jeonju on previous tours and newcomers who were taking their first cultural excursion off the installation.

Master Sgt. Gary Robinson, 8th Aircraft Maintenance Squadron, is nearing the end of what he's considered an excellent tour at Kunsan and wanted to return to Jeonju one last time.

"I like to travel," said Robinson. "These tours are very educational, plus I never know when I'll back this way again. They're a great way to get outside and see what's going on."

Wolf Pack members attended a screening of the festival's opening film, "If You Were Me," held at Chonbuk National University in Jeonju.

The screening also was attended by the film's cast and crew and a number of Korean celebrities.

Prior to the film festival, Wolf Pack members visited the Pan-Asian Paper Museum and had the opportunity to make a traditional-style of Korean paper known as Hanjee. This paper has been used to make products such as fans, lanterns and calligraphy paper, which have endured for thousands of years, according to tour guide Yi, Yook Soon.

"Some of the paper crafts in the museum are thousands of years old," she said. "In old times, paper was made outdoors. In order to make the paper, you need clean water and a good climate, and Jeonju has both."

Kunsan's tour-takers got the full traditional experience as they took off their shoes and sat on the floor at a restaurant where they were introduced to Jeonju's specialty dish bi-bim-bap.

The dish is a mix of rice, vegetables and beef served in a bowl so hot, the food continues to cook after it arrives to the table.

Airman 1st Class Jeremy Histia, 8th Maintenance Squadron, said the entire trip was a fun experience.

"I enjoyed seeing a different aspect of Korea other than Osan or Kunsan," said Histia. "I really enjoyed the film. It made me more aware of some of the inner-workings of Korea, which was interesting."



Photos by Senior Airman Andrew Svoboda

Wolf Pack members enjoy bi-bim-bap, a Korean dish famous in Jeonju, which mixes rice with beef and vegetables. It is served in a bowl so hot that the meal continues to cook at the table.



Airman 1st Class Jonathan Rider, 8th Maintenance Squadron, checks out a dress made of paper.



Capt. Lisa Johnson, 8th Operations Support Squadron, looks at some crafts made out of traditional Korean paper.



Staff Sgt. Jason Coleman (foreground), 8th Aircraft Maintenance Squadron, and Airman 1st Class Jeremy Histia, 8th MXS, put on their shoes after dinner. Diners ate in Korean traditional-style by sitting on the floor.



Senior Airman Isabella Starr, 8th Communications Squadron, learns how to make traditional Korean paper known as Hanjee. The paper has been used for thousands of years to make lanterns, clothing and other crafts.



News crews interview a Korean actor during the film festival. Models, musicians, actors and the entire cast and crew of the film "If You Were Me" were in attendance.